

# The NHS Summer Project

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**Brought to you by  
your friendly NHS  
Officers**

# Guidelines

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## 15 Hours of **Service**

### What **doesn't** count as hours:

- Time spent thinking about the project.
- Time spent publicizing the project.
- Time spent making phone calls.
- Time spent driving to and from project site(s).

## Must be for a **Non-Profit** Organization

Examples:

- Kentucky Humane Society
  - Ronald McDonald House
  - Home of the Innocence
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# Guidelines

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- ❑ Idea must be **original and your own**
    - Can't just volunteer at an organization or ask them for a project idea
  - ❑ Must be an idea that can be implemented and will benefit society
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# Guidelines

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- ❑ Projects are to be done individually: **NO Group Projects.**
  - ❑ Must directly impact a group of people.
  - ❑ Must have proper documentation
    - Form found at:  
<http://www.dupontmanual.com/clubs/nhs>
  - ❑ Must be turned in the first **Friday of the First Week that school is in session by 2:30 pm**
    - **NO EXCEPTIONS**
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# Goal of the NHS Summer Project

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- ❑ To exemplify leadership and community involvement
  - ❑ Awareness of community and possible service opportunities
  - ❑ Exercise responsibility and integrity, which are key qualities of NHS
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# How to Do It

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- ❑ Ask yourself: “Where you can make the biggest impact serving members of your community?”
  - ❑ Call around to non-profit organizations that interest you and ask questions. Find a contact and become familiar with that person
  - ❑ Visit [www.prudential.com/spirit](http://www.prudential.com/spirit) for project ideas
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# Helpful Tips

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- ❑ Find a contact whom you can discuss your project ideas with.
  - ❑ **Ask Questions!** If you don't ask questions then they won't know how to help you.
  - ❑ **Don't procrastinate!** Begin your project as soon as possible. That way, it will be less stressful and more enjoyable.
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# Documentation

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- How did you come up with the idea?
- How were people specifically impacted by your project?
- How could you expand your project?
- What did you learn from your project?

IMPORTANT: You **must** get the appropriate signatures from the organization you worked with.

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# Pictures

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- ❑ **Take Pictures!** We want to see what you've accomplished and a picture is worth a thousand words!
  - ❑ These pictures can be included with your Project Log.
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# Project Log

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- It is important that you keep a log of the hours you worked.
    - Write down hours worked, location of work and appropriate dates. Provide a brief description of what was done as well.
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# Sample Project Log

## List of Hours Project Log

- 7/15 1 hour with Mr. Strickler
- 7/16 1 hour of designing and drawing a scaled picture on graph paper to get final approval from Mr. Strickler and then faxing it to him. Plus putting a shopping list together.
- 7/16 30 minutes of I going to and from church to obtain a church credit card.
- 7/16 3½ hours for my mom and 3½ hours for myself when we went to Lowe's to buy wood and rented a truck to drop off the wood at my church and then returning the rental truck.



# NHS SUMMER PROJECT FORM



- This form must be submitted to the NHS sponsor by 2:30 p.m. on FRIDAY OF THE FIRST WEEK OF SCHOOL
- Include the following info
  - Project information sheet completed in full with verifying signatures (THIS FORM)
  - Log (dates, times, and exactly what you did for each entry)
  - Pictures and any other supporting information

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

## Form found at:

Project Name: \_\_\_\_\_

[http://www.dupontmanual.com/clubs/nhs/NHS-SUMMER-](http://www.dupontmanual.com/clubs/nhs/NHS-SUMMER-Project%20Overview.pdf)

Project Overview: \_\_\_\_\_

**PROJECT-FORM.pdf**

How did you come up with the idea for your project? What **community need** does your project fulfill? \_\_\_\_\_

How were people impacted by your project? (Be SPECIFIC)

# What to do?!

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- ❑ Try to utilize your special skills and talents that you feel can benefit society in some way
  - ❑ Make it personal and something creative
  - ❑ Have fun with it!
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What did you learn by doing the project (new insights and skills)?

I learned new skills, but no new insights I had. Now insights about the power of service when I finished my Eagle Scout project. But with this project I learned lots of new wood working skills. For example, I learned that it is better to build with screws over nails any day and that your structure that you build will never come out like the drawing, so expect to overcome obstacles when working with wood.

How many total hours did you spend on this project? 17 1/2

Other information regarding your project:

It was fun and brought back memories of when I did my Eagle Scout project at my church. It also reinforced my love for selfless service. The total hours for my project with all the help I received and including my hours is 53 hours because I had more lumber than expected I went ahead and built two more shelves in the second trustee committee room. This was unplanned.

I verify that all information contained on this form and all hours in my project log is accurate and not misrepresented in any way. I certify that I have met all of the criteria for this NHS summer project.

Student Signature: Lloyd Fowler

I verify that, to the best of my knowledge, the information provided by the student is correct.

Name (must be someone other than the parent/guardian): Esther Wilfling

Organization: St John United Methodist Phone Number: 502-228-2899 X129

Signature: Esther D. Wilfling Date: 7/24/08

It is **crucial** that your project form is signed by yourself and the appropriate contacts.



# 2008 NHS Summer Projects





**Clothing Drives**





**Toy Drives**

# Book Drives



# Collection Drives



**Utilizing  
your  
special  
talents**





**Tutoring  
Kids in  
need**



**Helping  
out your  
Church**

# Cleaning up Parks around the Community



NATIONAL HONOR SOCIETY

# LENDING A HAND

NONPROFIT COMMUNITY SERVICE ORGANIZATION

FOR SENIOR CITIZENS



Providing  
with simp  
and



DUPONT MANUAL High School

CONTACT INFO

.com

# Springdale Football Minicamp

Ages 9-13

Is your son interested in playing football for a team or just loves playing the game?

Send him to a 1-week crash course on the best game there is taught by me, a high school football player for Dupont Manual.

As a school volunteer project I have started this week-long program to benefit kids who, like me, want to play and participate in competitive football.

This opportunity is absolutely FREE and is done solely for the kids (as well as a couple of high school volunteer hours).

There will be an informational meeting and practice at the YMCA soccer fields off of Springdale Rd. on Sunday July 15 at 4:00 pm. All parents and players must attend.

To apply and for more information, please call Dheeraj Duggineni at (502)-472-5094 or send an email to [ddheeraj@gmail.com](mailto:ddheeraj@gmail.com), which includes your name, phone number, address as well as your son's name and age.

Advertise your project







NATIONAL  
HONOR SOCIETY

**Whatever it is,  
make it original  
and make it fun!**

**Good luck!**

