

## **COURSE DESCRIPTIONS**

### **FAMILY AND CONSUMER SCIENCE**

#### **Life Skills (Comprehensive Home Economics) (45111341)**

**Grade level: 10<sup>th</sup>**

**Prerequisite(s): none**

Life Skills introduces students to Family and Consumer Sciences through short units of instruction. The units relate to growth and development of the adolescent, clothing needs, consumer skills, goal setting and decision making, nutritional needs, and the significance of home and interpersonal relationships. Career awareness is part of each unit. Leadership development will be provided through the Family, Career and Community Leaders of America.

#### **Special Topics in Family and Consumer Science: Fashion Merchandising (45128541) Grade level: 11<sup>th</sup>-12<sup>th</sup>**

**Prerequisite(s): Approval from Consumer Science department chair**

Fashion Merchandising is a specialized course that provides instruction in marketing of apparel and accessories. This course is based upon the business and marketing core that includes communication skills, economics, operations, professional development, promotion, selling, distribution, and product/service management. The instruction includes fashion and marketing basics. The use of design and color, promotions, visual merchandising, and career opportunities are also discussed.

#### **Fashion Design I (45127741)**

**Grade level: 9<sup>th</sup>-12<sup>th</sup>**

**Prerequisite(s): None**

Fashion Design I provides opportunities for students to develop career competencies in the fashion and/or interiors industry by applying information related to social, economic, and media influences. Students apply knowledge of design principles and processes through skill performance activities, such as sewing. Work related issues will be explored and leadership development will be provided through Family, Career and Community Leaders of America.

#### **Fashion Design II (45137741)**

**Grade level: 10<sup>th</sup>-12<sup>th</sup>**

**Prerequisite(s): Fashion Design I**

Fashion Design II provides opportunities for students to develop career competencies in the fashion and/or interiors industry. Practical problems include advanced textile construction techniques, and/or the use of technological resources. Entrepreneurial opportunities will be explored. application of skills will occur in a variety of work sites. Leadership development will be provided through the Family, Career, and Community Leaders of America.

#### **Foods & Nutrition (45111541)**

**Grade level: 12<sup>th</sup>**

**Prerequisite(s): None**

This course is designed to assist students in making critical decisions about food. Laboratory instruction is included. Attitude towards food, nutrition facts, food safety, and preparation skills are addressed.

#### **Culinary (45113341)**

**Grade level: 11<sup>th</sup> or 12<sup>th</sup>**

**Prerequisite(s): Life Skills or Interview with Teacher**

This course builds on the skills learned in Foods and Nutrition. This advanced course allows students to increase competencies in a variety of food preparation techniques.

**Relationships & Parenting (45128241)****Grade level: 11<sup>th</sup> or 12<sup>th</sup>****Prerequisite(s): None**

Relationships & Parenting is designed to aid students in developing parenting and care giving skills that can be applied in a variety of situations. Major topics include becoming an informed parent, caring for the newborn, being an effective parent/caregiver, caring for the sick and elderly, and exploring career opportunities in care giving. This course helps students develop self-understanding, understand others better, improve interpersonal skills both within and outside the family, be more considerate of other person's needs and property, and maintain mental and emotional wellness. Family Life education comprises a portion of this course, including dating and marital relationships. Preparations for and the achievement of a successful marriage are emphasized. Leadership development will be provided through the Family, Career and Community Leaders of America. **NOTE: Recommended for upperclassman due to the content discussed.**